CAPABILITY STATEMENT

F&R Australia is a specialist contractor delivering large-scale insulated panel installations across industrial, cold-chain and commercial developments. Our teams integrate seamlessly with Tier One contractors to deliver safe, high-quality projects with precision and programme certainty.

F&R AUSTRALIA

ABN: 95 691 545 436

WHO WE ARE



F&R Insulation Panels is a specialist contractor delivering insulated panel systems for large-scale industrial, logistics, and temperature-controlled facilities across Australia and New Zealand.

Led by directors with more than 50 years of combined industry experience, F&R works in partnership with Tier One contractors to deliver safe, precise, and programme-driven installations.

Our team comprises more than 50 experienced contractors supported by robust health and safety systems, ensuring all works are undertaken in accordance with stringent safety, quality, and compliance requirements.

F&R Australia Pty Ltd was established to support the delivery of major projects within the Australian market and is currently delivering works as part of the joint venture responsible for the 120,000m² PIR insulated panel supply and installation at the Woolworths Sydney Chilled Food Distribution Centre (SCFDC) in Eastern Creek, NSW.

Upon completion, SCFDC will be the largest temperature-controlled distribution centre in the Southern Hemisphere.

Since its establishment in 2020, F&R has developed a reputation for reliable project delivery, strong safety performance, and effective coordination within complex construction environments.

Design & Construct
Experienced in D&C projects with a wide range of PIR Design consultants & Structural engineers who understand PIR unique properties and seismic requirements.
Our focus is maximising 3d modelling technology eliminating clashes prior to start of site activities.

Insulated Panel Systems
Design coordination, supply assistance, and precision installation of EPS, PIR, and Mineral Wool panel systems-delivering seamless internal walls, ceilings, and roofing on a wide range of Projects.

Specialised Fit-Outs
Hygienic, temperature-controlled, and fire-rated environments for food processing, distribution, and controlled atmosphere facilities. Fully compliant with HACCP, MPI, and WHS standards.

Architectural Façade Systems
Installation of prefinished external panels and decorative cladding, combining high visual impact with thermal efficiency and long-term performance.

Remedial & Retrofit Works
Damage remediation, compliance upgrades, and retrofitting services designed to maintain operational continuity without programme disruption.

Sealing, Flashings & Weatherproofing
Complete building envelope protection-from acoustic detailing and airtight joint sealing to advanced weatherproofing for long-term integrity. We're known for delivering airtight, thermally efficient builds that consistently meet performance and compliance benchmarks-without holding up the programme

CORE SERVICES



ABN: 95 691 545 436

Our specialist teams have delivered large-scale insulated panel systems across New Zealand and Australia's most complex industrial, commercial, and temperature-controlled environments. We bring extensive experience working alongside Tier One contractors, consultants, and end users to deliver compliant, high-performance results across diverse sectors, including:

- Cold & Freezer Rooms – Precision installation for temperature-critical environments, maintaining airtightness, insulation performance, and HACCP compliance.
- Food Processing & Distribution Centres – Seamless integration with mechanical, electrical, and hygienic services to support operational efficiency and regulatory standards.
- Data Centres – High-spec thermal and acoustic builds where precision detailing and programme certainty are paramount.
- Warehousing & Logistics – Large-span, high-bay insulated systems optimised for safety, speed, and durability under operational pressure.
- Clean Rooms & Controlled Environments – Custom solutions for sterile and high-sensitivity facilities, including pharmaceutical, R&D, and manufacturing spaces.
- Supermarkets & Retail Developments – Aesthetic, compliant, and high-traffic-ready systems that balance performance with design intent.
- Light Industrial & Commercial Projects – Robust, thermally efficient installations supporting developers and contractors across manufacturing and mixed-use facilities

INDUSTRY SECTORS WE SUPPORT

Trusted Since 2020

Backed by over 50 years of combined industry experience, F&R delivers insulated panel installations across complex industrial and cold-chain facilities throughout Australia and New Zealand.

Professional Delivery Partner

Our teams work alongside Tier One contractors to deliver safe, high-quality installations with strong coordination, clear communication, and reliable programme performance.

Proven Delivery Performance
Delivering over 180,000m² of insulated panel systems annually across New Zealand and Australia — consistently on time, on budget, and to specification.

Experienced, Safety-Certified Crews
Our teams of over 80 experienced installers hold full Working at Heights, EWP, and confined-space certifications, with supervisors trained in WHS and ISO-aligned safety systems.

Seamless Communication & Coordination
We integrate with principal contractor teams through Procore, 1Breadcrumb, and digital QA systems, ensuring real-time visibility and issue resolution.

Systemised Quality & Compliance
ISO-aligned Safety, Quality, and Environmental frameworks drive every aspect of our operations, supported by NZ and Australian WHS-compliant documentation.

Trusted Performance, Repeat Engagement
Our commitment to reliability and accountability has earned repeat partnerships with major contractors — built on performance, transparency, and trust.

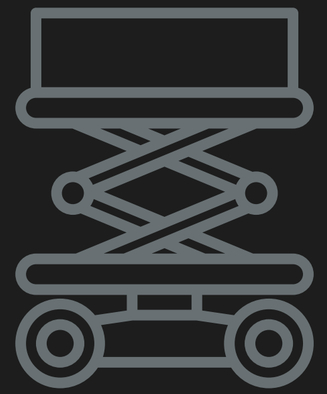
Experienced Workforce

Qualified installation teams delivering reliable and high-quality project outcomes.

Quality Assurance

Consistent inspection and verification processes to maintain compliance and installation standards.

WHY CONTRACTORS CHOOSE F&R AUSTRALIA



ABN:95 691 545 436

SUSTAINABILITY FOCUS



We operate with complete transparency, allowing principal contractors to audit, verify, and monitor performance at any time. Through technology-driven safety systems and a culture of accountability, F&R consistently delivers zero-harm outcomes and compliant, high-performing sites.

At F&R Australia, sustainability is embedded in how we plan, build, and deliver. We recognise our responsibility to reduce the environmental footprint of every project and actively contribute to Australia's transition toward low-carbon construction. Our operations prioritise waste minimisation, recyclable material recovery, and responsible disposal of offcuts and packaging.

We partner with suppliers manufacturing low-carbon, energy-efficient insulated panel systems to ensure sustainable outcomes are achieved from design through to installation.

F&R supports clients pursuing Green Star, NABERS, and broader ESD initiatives, ensuring all installation methods, materials, and site practices align with environmental performance benchmarks.

By adopting cleaner processes, optimising transport and logistics, and promoting circular economy principles, we help contractors deliver sustainable, compliant, and future-ready buildings.

We believe sustainability isn't an add-on — it's part of how we build smarter, safer, and more responsibly for the next generation of infrastructure.

HEALTH & SAFETY COMPLIANCE

At F&R Australia, safety is more than compliance — it's culture. Our zero-harm commitment is underpinned by ISO-aligned systems, digital reporting, and a proactive approach that ensures every worker returns home safely, every day.

We operate under a robust Work Health and Safety (WHS) framework that aligns with Australian legislation and principal contractor requirements. Every activity is risk-assessed, verified, and documented through digital platforms including Procore and 1Breadcrumb, ensuring full visibility, traceability, and accountability across all stages of delivery.

Our teams are trained and certified to operate within live construction environments and high-risk zones, maintaining seamless coordination with site management while upholding the highest standards of compliance, quality, and environmental control.

Certified & Compliant With:

- ISO-Aligned Safety, Quality & Environmental Systems – structured in accordance with ISO 45001, ISO 9001, and ISO 14001 standards.
- $20M Public Liability Insurance – comprehensive coverage across Australian operations.
- Procore & 1Breadcrumb Integration – real-time digital management of safety documentation, inductions, and incident reporting.
- Working at Heights, EWP & Confined Space Certified Personnel – fully compliant workforce for high-risk construction activities.



F&R AUSTRALIA

WOOLWORTHS SYDNEY CHILLED FOOD DISTRIBUTION CENTRE



Client: Woolworths Group
Location: Eastern Creek, NSW
Project Size: 120,000m² temperature-controlled distribution facility
Scope: Supply and installation of PIR insulated panel systems as part of the project joint venture

The SCFDC development will become the largest temperature-controlled distribution centre in the Southern Hemisphere, supporting Woolworths' next-generation cold-chain logistics network. F&R's scope contributes to the delivery of high-performance insulated environments critical to large-scale refrigerated distribution infrastructure.

RECENTLY COMPLETED PROJECTS



Americold Expansion – Halwyn Drive Facility, Christchurch

F&R delivered insulated panel installation works for the Americold cold storage expansion. The 15,240m² development forms part of a $56 million expansion designed to significantly increase cold-chain capacity, including new high-performance freezer rooms with space for approximately 14,000 pallets. The facility incorporates sustainable features such as rooftop solar generation and rainwater harvesting, supporting modern temperature-controlled logistics infrastructure.

RECENTLY COMPLETED PROJECTS



Big Chill Cold Storage Facility – Ruakura, Hamilton

F&R delivered the insulated panel installation for the 24,000m² temperature-controlled Big Chill cold storage facility in Ruakura. Completed in October 2023, the project required precision installation of high-performance insulated panel systems to meet the strict thermal and hygiene requirements of modern cold-chain logistics infrastructure.

RECENTLY COMPLETED PROJECTS



Maersk Cold Store – Ruakura, Hamilton

F&R completed the insulated panel installation for the 40,000m² Maersk cold storage facility in Ruakura, Hamilton. Completed in February 2024, the project required high-performance panel systems to support large-scale temperature-controlled logistics operations.

RECENTLY COMPLETED PROJECTS



Lineage Logistics – Tauriko

F&R delivered insulated panel installation for the 21,000m² Lineage Logistics cold storage facility at Tauriko, constructed by Q Construction. Completed in February 2022, the project involved the installation of temperature-controlled building envelopes to support modern cold-chain distribution infrastructure.

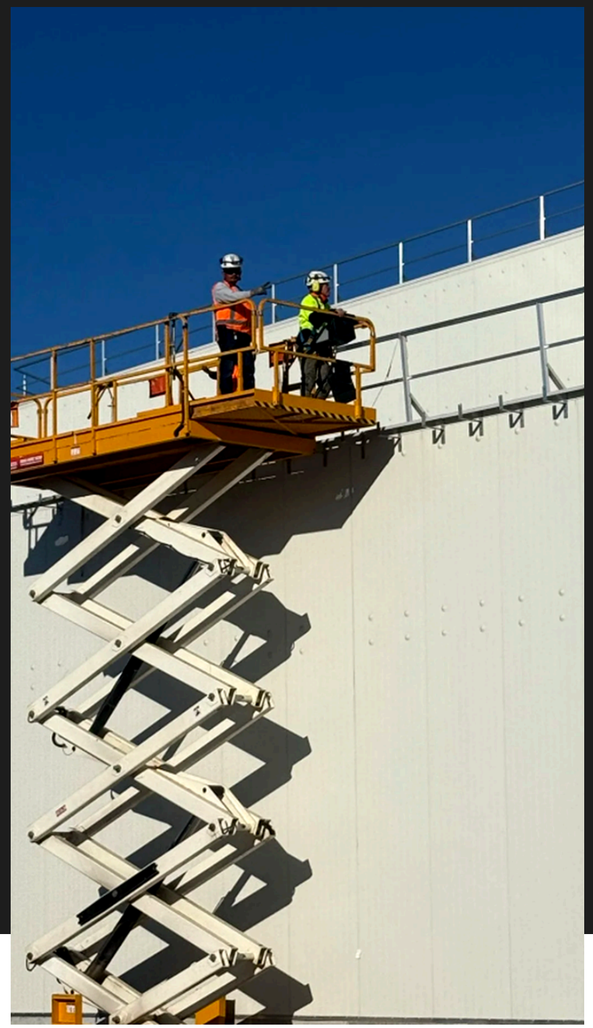
RECENTLY COMPLETED PROJECTS



Fonterra Whareroa – P3 & P4 Re-Clad Project, Hawera

F&R delivered the recladding of the P3 and P4 dryer facilities at Fonterra's Whareroa site, covering approximately 100,000m² of insulated panel systems. Completed in September 2021, the works formed part of a major upgrade to one of New Zealand's largest food processing facilities.

LET'S BUILD TOGETHER



Need a panel subcontractor that delivers high-quality work, communicates clearly, and understands the bigger picture?

F & R Australia is ready to be part of your project success

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